## **About Jim Burns**

Since 1977 Jim Burns has been working with students who have learning disabilities and behavioral problems. He has almost 40 years of experience working as an administrator, teacher, college instructor, and a seminar leader. He is committed to helping administrators, parents, and teachers establish standards of excellence and to help them build successful relationships with their staff, students, and children. He has written and designed The Bully Proof Classroom, a graduate course that is offered at The College of New Jersey and LaSalle University in Pennsylvania in partnership with The Regional Training Center. **This course is endorsed by the New Jersey Education Association.** 

Jim was awarded the degree of Doctor of Humane Letters in recognition of his work in the area of anti-bullying. He has also written several books on the topic of anti-bullying and classroom climate. "Anti-Bullying 101" is a great resource for teachers, administrator, support staff, and parents as it provides permanent help in dealing with unruly behavior and can be used as part of any anti-bullying program. He is available for on sight in-services and keynotes and can be reached at 1-732-773-9855 or jameshburns55@gmail.com

## **More About Jim Burns**

Jim has always understood the benefits of exercise and is an advocate of helping schools build more activity time into student schedules to keep our children active and above all healthy. Jim is certified by the National Academy of Sports Medicine (NASM) as a personal trainer and believes that exercise is the first step in reducing stress and becoming balanced mentally, socially, emotionally, and spiritually. As an educator Jim believes that knowledge is power and that everyone should understand the benefits of exercise. Jim is certified through NASM as a Senior Fitness Specialist and is certified as a Silver Sneaker instructor. He believes that movement is the key to longevity and that exercise can be built into anyone's day.